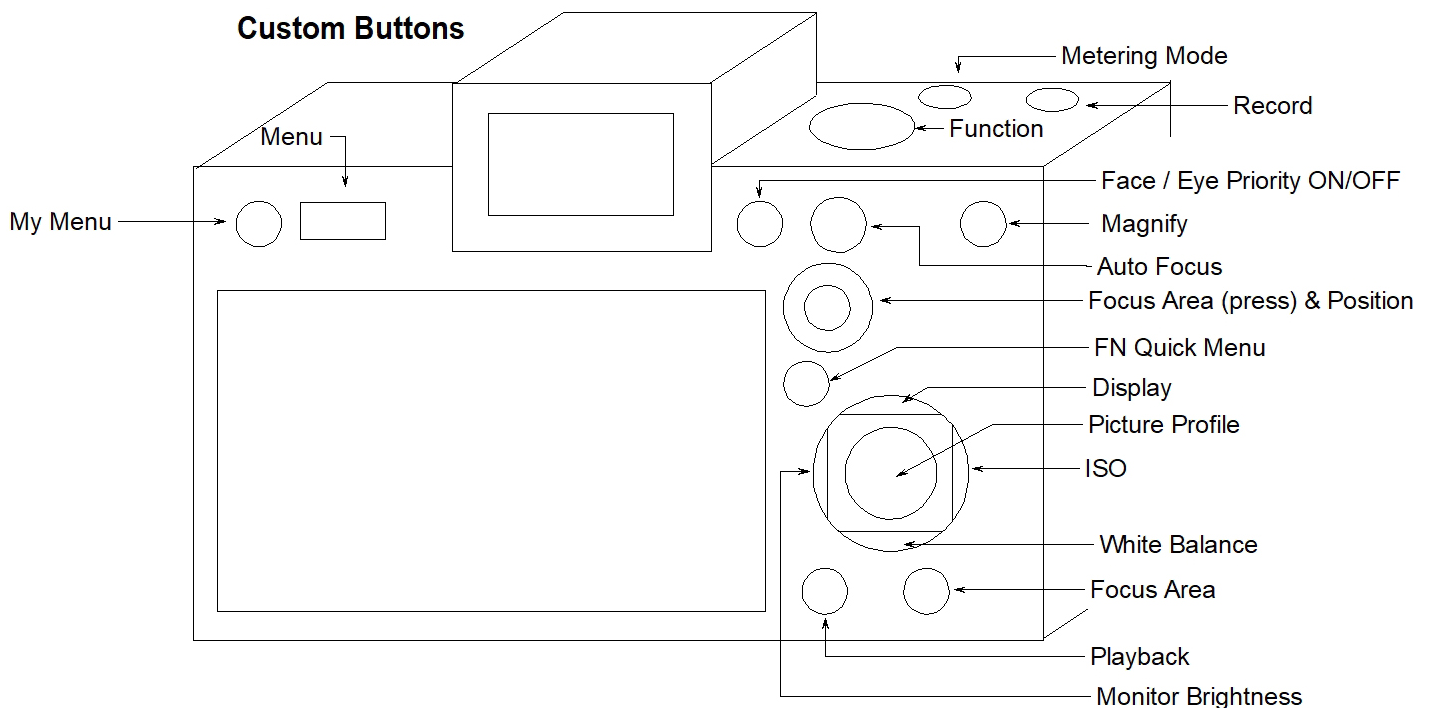


## Sony A7SIII Settings

My Menu					
Page 1	Item	Page 2	Item		
1	Format Cards	1	Audio Level Display ON/OFF		
2	File (Set camera name, title, or number)	2	Viewfinder Brightness		
3	Movie Settings (record format & frame rate)	3	Sensor Cleaning		
4	Gamma Assist	4	Load Settings		
5	Gamma Assist Type	5			
6	HDMI Output	6			
7	HDMI Info Display	7			

FN Quick Menu					
Rec Level	Zebra on/off	Zebra Level	Peaking on/off	Peaking Level	Peaking Color
Exposure Mode	Frame Rate	Steady Shot	Touch Operation	Media Priority	Grids



Picture Profiles (Changes from factory)			
PP1 Baked In: Black +2, Saturation -2, Detail -2	PP8 S-LOG 3 Low Light: S-Gamut3-Cine, Detail -7		
PP6 Natural: Black -10, Saturation +10, Detail +2 (Be careful on exposure, highlights will clip)	PP9 S-LOG 3 Day Light: S-Gamut3-Cine, Detail -3		
	PP10 HDR: HLG3		

Custom Settings			
Section	Item	Section	Item
Shooting 2	Media: Standard (switches card when full)	Focus 1	Continues Auto Focus / Transition speed 4
Shooting 6	Audio: Wind Noise OFF	Focus 2	Wide to pick up multiple faces
Shooting 8	Stabilization: Active is better, has slight crop	Setup 6	Focus: Set to human
Exposure/Color 3	Metering Multi Face Metering ON	Setup 6	Monitor Brightness: Manual
Exposure/Color 3	Spot Metering: Follow focus point (shows exposure where focus point is)	Setup 8	Display quality: High
Exposure/Color 4	White Balance: When using AWB use Ambi (tracks indoor to outdoor better when run and gunning)	Setup 8	Power start save time: 5 minutes
Exposure/Color 4	Shockless WB: Set to 2	Setup 8	Auto power off Temp: High
Exposure/Color 6	Zebra Level 100+		